

2026 Fitness Award Nomination Form

Note: This is for reference only. Nominations must be completed through the online Nomination Link <https://form.jotform.com/261025356592154>

The Recognition and Awards Committee annually presents the Fitness Award to USMS-registered individuals and organizations demonstrating outstanding contribution to fitness activities within USMS. Fitness Award nominee is someone who by their example both passively and actively encourages others to seek fitness through swimming as a lifestyle (competition is not required). The individual provides encouragement through social interaction in and out of the water to keep people involved in a fitness lifestyle within their swimming community.

1 Describe the nominee's program(s), activities, and/or initiatives that advance the interests and benefits for Masters fitness swimmers

2 What are/were the goals for the program(s), activities, and/or initiatives?

3 Who are/were the target audience(s) for the program(s), activities, and/or initiatives?

4 What are/were the results and benefits of the program(s), activities, and/or initiatives?

5 Explain outcomes citing specific examples showing numbers, if known, of swimmers reached / participating, and the benefits received by participants.